

TOTZ: Preschool Program Learning Goals

LANGUAGE ARTS SKILLS

Letter Recognition
Upper Case
Lower Case
Phonetic Sound
Blending Sound
Alphabet Sequencing
Letter Matching

Identifying Sight Words
Reading Words
Reading Phrases

Pre-Writing (Tracing)
Writing Letters
Writing Name
Writing Words
Writing Sentences

Comprehension (Making Connections)
Opposites
Cause & Effect
Sequence of Events
Making Inferences (Predictions)

MATHEMATICS SKILLS

Number Recognition
Numerical Order
Sequence Before/After
Counting in Order
Matching Number to Word
Tracing Numbers
Writing Numbers
One-to-One Matching
One-to-One Counting (Visual/ Objects)

Patterns
Shapes Recognition
Tracing/Drawing Shapes
Matching Shapes
Sorting Shapes
Grouping Like Things

Adding Objects/Visuals
Adding Multiple numbers
Subtracting objects/visuals
Odds/Evens
Time

FINE MOTOR SKILLS

Tracing Skills
Coloring
Writing
Copying Visual Direction
Using Manipulatives

Arts & Crafts
Cutting
Grasping
Tearing Paper
Scrunching Paper

Buttoning
Open/Twist
Close/Twist
Threading Beads
Using Spoon and Fork
Zipper Up/Down

Clay Rolling
Clay Pressing
Clay Kneading
Clay Shaping

GROSS MOTOR SKILLS

Walking
Running
Stair Climbing
Catching
Throwing
Kicking

Jumping in Place
Jumping Forward
Standing Balance

Single Leg Balance
Galloping
Hopping on one leg
Jumping Over
Sitting Balance

Following Physical Direction
Following Modeled Direction



Each of our Learning Goals are interconnected. We focus on them through multidisciplinary activities to maximize each child's learning potential. Our daily program provides our students with opportunities to practice their skills.

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SOCIAL and EMOTIONAL SKILLS

Attention/Focus
Following 1 Step Direction
Multiple Directions
Waiting/Patience
Requesting/Asking

Identifying Emotions
Sitting in Place
Sharing w/ Others
Working with Peers
Talking with Peers

Cleaning Up
Staying on Task
Following Rules
Listening Carefully

Helping Others
Treat Others with Respect
Empathizing with Others
Initiating Interaction w/ Peers
Requests to Peers
Responding to Peers' Requests

LIFE and SELF HELP SKILLS

Eating
Drinking
Washing Hands
Using the Bathroom

Following Safety Rules
Following Routines
Personal Boundaries

Putting on Jacket
Taking Off Jacket
Pulling Up/Down Pants
Putting on Shoes
Taking Off Shoes

Asking for Help
Problem Solving
Self-Awareness

EXPRESSIVE LANGUAGE

Self-Motivated Expression

Joint Attention

Pointing

Sign Language

Approximation of Sound

Verbal Communication

Requesting (1 word)

Requesting (2 words)

Requesting (3 words)

Using Complete Sentences



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